☆ PCの「状況」診断法 --- 「タスク・マネージャー」

Step 1 : デスクトップ画面 -->> ① -->> ② -->> ③



Step 2 : タスクマネージャ画面 -->> ① -->> ② -->> ③

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exe 00 00000 SYSTEM 400 K EXE 00 00004 Miyazaki 43,028 K exe 00 00000 Miyazaki 540 K texe 00 00332 SYSTEM 95,744 K rexe 00 00000 Miyazaki 1,240 K exe 00 00000 Miyazaki 1,240 K exe 00 00000 SYSTEM 1,676 K 00 00002 SYSTEM 32 K Idle Process 99 03350 SYSTEM 28 K	e 00 00000 SYSTEM 400 K E 00 00014 Miyazaki 43,028 K 00 00000 Miyazaki 540 K ce 00 00011 Miyazaki 1,308 K xe 00 00000 Miyazaki 536 K ce 00 00000 Miyazaki 1,240 K s 00 00000 Miyazaki 1,240 K s 00 00000 SYSTEM 1,676 K 00 00022 SYSTEM 32 K e Process 09 04350 SYSTEM 28 K 20 04350 SYSTEM 28 K -070022 SYSTEM 28 K	nost.exe	00	0:00:00 LOCAL SERVICE	476 K	
EXE 00 0000 Miyazaki 43028 k exe 00 0000 Miyazaki 540 k texe 00 00011 Miyazaki 1,308 k dexe 00 00332 SYSTEM 95,744 k rexe 00 00000 Miyazaki 536 k aexe 00 00000 Miyazaki 1,240 k exe 00 00001 SYSTEM 1,676 k 00 00022 SYSTEM 32 k Idle Process 99 03350 SYSTEM 28 k 28 k 20 [System Idle Process] 数値: PCが「正常時」= 98 ~ 99	- 00 0000 Miyazaki 43028 k 00 000:00 Miyazaki 540 k ve 00 000:11 Miyazaki 1,308 K ve 00 000:00 Miyazaki 536 K ve 00 000:00 Miyazaki 536 K ve 00 000:00 Miyazaki 1,240 k o 00 00:00 SYSTEM 1,676 k 00 00:022 SYSTEM 32 k e Process 99 0:3350 SYSTEM 28 K 20 [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 -0プロセスを表示する⑤	nost.exe	00	0:00:00 SYSTEM	400 K	
exe 00 00000 Miyazaki 040 k texe 00 00011 Miyazaki 1,308 k dexe 00 00332 SYSTEM 95,744 K vexe 00 00000 Miyazaki 536 k aexe 00 00000 Miyazaki 1,240 k exe 00 0:0001 SYSTEM 1,676 k 00 0:0022 SYSTEM 32 k Idle Process 99 0:3350 SYSTEM 28 K 20 [System Idle Process] 数値: PCが「正常時」= 98 ~ 99	e 00 00000 Miyazaki 540 k xe 00 000332 SYSTEM 95,744 K xe 00 00000 Miyazaki 536 K xe 00 00000 Miyazaki 1,240 K xe 00 00000 SYSTEM 1,676 K 00 00022 SYSTEM 32 K e Process 99 03350 SYSTEM 28 K 20 System Idle Process] 数値: PCが「正常時」= 98 ~ 99 -のプロセスを表示する(S)	EL.EXE	00	U:UU:14 Miyazaki	43,028 K	
texe 00 000.11 Myazaki 1,300 K dexe 00 000332 SYSTEM 95,744 K (exe 00 0:00:00 Miyazaki 536 K a.exe 00 0:00:00 Miyazaki 1,240 K exe 00 0:00:22 SYSTEM 32 K 1dle Process 99 0:3350 SYSTEM 28 K 20 0:3350 SYSTEM 28 K 20 0:3350 SYSTEM 28 K -ザーのプロセスを表示する(S)	e 00 000332 SYSTEM 95,744 k xe 00 00000 Miyazaki 536 k te 00 00000 Miyazaki 1,240 k 00 00001 SYSTEM 1,676 k 00 00022 SYSTEM 32 k e Process 99 03350 SYSTEM 28 k 20 [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 -のプロセスを表示する(S)	ion.exe	00	U:UU:UU Miyazaki 0:00:11 Miyazaki	54U K 1 200 K	
uexe 00 00002 0fiyazaki 50,744 k /exe 00 00000 Miyazaki 1,240 k exe 00 00001 SYSTEM 1,676 k 00 00022 SYSTEM 32 k Idle Process 99 0:33:50 SYSTEM 28 K 28 K -ザーのプロセスを表示する(S)	ACC 00 00000 Miyazaki 536 K te 00 00000 Miyazaki 1,240 K 00 00000 Miyazaki 1,240 K 00 00002 SYSTEM 1,676 K 00 00022 SYSTEM 32 K e Process 99 03350 SYSTEM 28 K 28 K 20 [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 -のプロセスを表示する(S)	gent.exe biold.ovo	00	0.00.11 MIYAZAKI 0.00.02 SVSTEM	1,308 N 95.744 K	
-ザーのプロセスを表示する(S)	e 00 00000 Miyazaki 1240 k 00 00001 SYSTEM 1,676 k 00 000:22 SYSTEM 32 k e Process 99 0:33:50 SYSTEM 28 k 20 0:33:50 SYSTEM 28 k 20 0:33:50 SYSTEM 28 k 20 0:33:50 SYSTEM 28 k 20 0:33:50 SYSTEM 28 k	meiu.exe	00	0.03.32 STOTEM 0.00.00 Miyazaki	50,744 K 536 K	
exe 00 00001 SYSTEM 1,676 K 32 K 1dle Process 99 03350 SYSTEM 28 K ② [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 -ザーのプロセスを表示する⑤	00 00001 SYSTEM 00 00022 SYSTEM 28 K 28 K 28 K -07ロセスを表示する(S)	vstralexe	00	0:00:00 Miyazaki 0:00:00 Miyazaki	1240 K	
1dle Process 1dle Process 93 03350 SYSTEM 28 K 28 K 28 K 29 少しのジロセスを表示する(S)	e Process 99 0:33:50 SYSTEM 28 K 28 K 28 K 28 K 29 0:33:50 SYSTEM 28 K 29 20 20 20 20 20 20 20 20 20 20	fire.exe	00	0:00:01 SYSTEM	1.676 K	
Idle Process 93 0:33:50 SYSTEM 28 K ② [System Idle Process] 数値: PCが「正常時」= 98 ~ 99	e Process 99 0:33:50 SYSTEM 28 K ② [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 -のプロセスを表示する⑤)	tem	õõ	0:00:22 SYSTEM	32 K	
② [System Idle Process] 数値: PCが「正常時」= 98 ~ 99	2 [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 -のプロセスを表示する⑤	tem Idle Process	(99)	0:33:50 SYSTEM	28 K	
② [System Idle Process] 数値: PCが「正常時」= 98 ~ 99	2 [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 ーのプロセスを表示する⑤		\sim			
)(2) [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 ザーのプロセスを表示する(S)	(2) [System Idle Process] 数値: PCが「正常時」= 98 ~ 99 ーのプロセスを表示する(5)			<u> </u>		
数値: PCが「正常時」= 98 ~ 99	数値: PCが「正常時」= 98 ~ 99 ーのプロセスを表示する(S)			2 [System Idle Process]		
-ザーのプロセスを表示する(S)	ーのプロセスを表示する(5)			数値: PCが「正常時」= 98 ·	<mark>~ 99</mark>	
-ザーのプロセスを表示する(S)	ーのプロセスを表示する(5)		L			
-ザーのプロセスを表示する(S)	ーのプロセスを表示する(S)					
- 1 - 10 / 日方文産業(生活の)	-W1UC7年36年769回2		z (c)			
		ユーサーのノロセスを表示す	ବାହ)			

横軸=時間 , 縦軸=通信量負担率

🖳 Windows タスク マネージャ グラフの表示詳細を設定出切る。	
ファイル(E) オブション(Q) (表示(V)) シャットダウン(U) ヘルプ(H)	
アプリケーション プロセス パフォーマンス ネットワーク ユーザー	
- ローカル エリア接続	

